



Save Our Fish Auburn Chapter of Puget Sound Anglers

Next Chapter Meeting:

**Next Meeting Date January 25, 2023
6:00pm
Trotter's Restaurant
825 Harvey Rd, Auburn**

Be sure to check out our website: <http://www.saveourfish.org/>
For a complete list of Board Members, please visit the website:
<http://saveourfish.org/board>
Newsletter editor: Dayle Conrad

Up and Coming Activities:

January

25 – General Club Meeting 6:00pm
Speaker: Aaron Bosworth

February

8 – Board Meeting 7:00pm
22 – General Club Meeting 6:00pm

March

8 – Board Meeting 7:00pm
22 – General Club Meeting 6:00pm

April

12 – Board Meeting 7:00pm
26 – General Club Meeting 6:00pm



President's Message -- Rob Larsen

We had an absolutely wonderful Christmas party with quite a number of people there. Thanks to everybody who contributed. We missed those of you that weren't able to make it and hope to see you in the future.

Well, it's steelhead season and we have few options this year. I still hope to get out and find a few this year. That said, I do not plan on giving up and will continue to fight to make next year better than this year. Thank you all of you who helped us try to get increased Steelhead opportunity.

As far as opportunities go, the fall crabbing has been good. If you have a chance to get out, go before the commercials go in. I spent a couple of days recently and was very pleased with the results.

I was extremely happy when I saw the forecast for this year's spring Chinook run on the Columbia. It's an increase from last year and should give us more opportunity than we've had for several years. I hope it's a precursor to a good forecast on the rest of our upcoming salmon season.

If you have not commented on new fish and game commissioners please do. Recent appointees have been very anti hunt and fish. We are losing Don MacIsaac who has been very supportive of the sportsman's agenda. I am forwarding a PSA Action alert for you to respond on new commissioners. Please respond ASAP.

I hope you all enjoyed the Christmas season. I want to wish you all a Happy New Year. I look forward to seeing you all in January at our monthly meeting.



Until then tight lines--

Rob Larsen
SOF PSA president

January Speaker – Aaron Bosworth, WDFW Biologist

Aaron Bosworth will be our speaker. Aaron has been with the department for close to 14 years. He attended Cornell University where he received his BS degree in Natural Resource Management, then went on to Syracuse University's Maxwell School of Citizenship and Public affairs where he received his Masters of Environmental Policy. Aaron then went on to University of New York College of Environmental Sciences and Forestry where he completed his second Masters of Science in Fisheries Science and Management. Aaron is a WDFW Fisheries Biologist and will be speaking about his work on the Green River. He has a great deal of knowledge both on the Green and Cedar River water sheds. He will give us the opportunity to ask questions and see data on fish in the Green that should interest all of us. He has worked closely with our club for some time. Come and welcome Aaron.



Christmas Banquet and Silent Auction – Recap

This year's Chapter Christmas Party was held December 3rd at the Swiss Sportsman Club located in Bonney Lake.

Doug Williams, our party chairman, and his wife Dawn did an excellent job of setting up and decorating the tables. Club members brought lots of yummy side dishes and desserts.



The Silent Auction was a big hit. Many folks came away with some great deals.

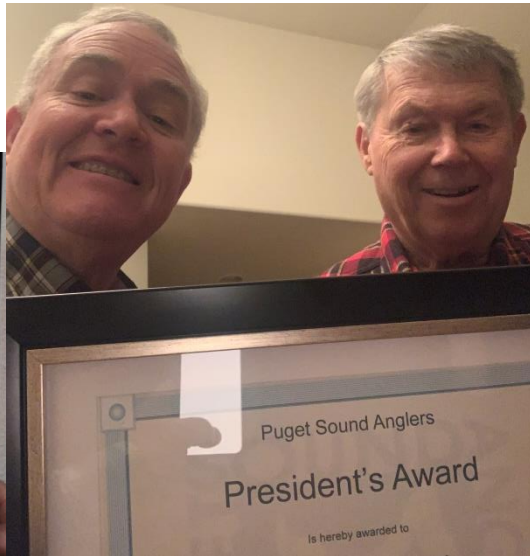


The Smoked Salmon contest winner was Shane Conrad.



Carl Carver won the lure tree.

Frank Urabeck and Dayle Conrad were honored with the President Award.



Rob Larsen was presented with the Founders Award this year. It was well deserved!

Criteria for nomination of a member:

- Participation in chapter activities
- Hard work for the chapter
- Support of fellow members
- Goes above and beyond what is expected
- Takes initiative to further chapter goals/objectives



Rich Gregory put together an awesome slide show of all the Hogpen pictures from the year.

We had a great turnout and it was a special time of celebration with our chapter members and their families. It is truly the highlight event of the year full of fun, joy, fellowship, and fantastic food.



SOF PSA Officers for 2023 & Board of Director

President: Rob Larsen

Vice President: Bob Holzberger

Secretary: Steve Fulkerson

Treasurer: Jim Hand

Board members are list on the SaveOurFish.org website.

Tip of the Month – Proper Netting of Fish

from Rob Larsen

I was taught to net fish by one of the best fishermen I know. His name is Clancy Holt and when I fished on the Sacramento River with him, he taught me to net fish head first and after the fish is played out, on its side and coming toward the net. It's very hard for them to swim away form a head first net job. I am sure most of you do this, but if not, it will increase your success in landing fish.

Raffle News

2023 Raffle News

A new Raffle is coming in January.

Don't miss out!

Bob Holzberger
206-890-7066



Visit Our Website

The website has the recipe of the month, links to our sponsors, and a year's worth of past newsletters. There is a new link on the Hogpen web page to submit photo's for the Hogpen, which will provide the pictures for the Newsletter, Website, and Christmas Banquet.

www.saveourfish.org





Save Our Fish Facebook Page

The Save Our Fish [Facebook page](#) is a Public Group currently with 47 members. If you are on Facebook and haven't requested to join the group, now is your chance.

Let's see how many members we can get this year! This is a great way to get club information. It can also be used to connect with other members to fill an empty seat in the boat, see where other members are fishing (if they are willing to share), or post videos, photos, or other fishing and conservation interests.

Membership – New and Renewals

UPDATEUPDATE*

Thank you everyone that have paid your membership dues for the 2021 year. Your SOF board has decided to extend your paid membership through the end of 2022. For those of you who have not yet paid, it's not too late. Memberships can be paid online, at any SOF meeting, or by mail to the address at the bottom of the SOF membership form. Contact Rich Gregory if you have any membership question.

You can pay by mail or online at <http://www.saveourfish.org/Membership/Membership.htm>.

The membership form is attached at the end of this newsletter or you can contact our member chair, Rich Gregory, at rwgav8@hotmail.com.

Click here to pay: https://www.paypal.com/donate/?token=FIZb14yBeNX1SNG80QYPNONcJJjwgtgiJxdurg11BSvD-4EIX_IssRDmduLv7mgOlg4MR0

Use the “**Donate with a Card**” option if you don't have a Paypal account.

You will get an email confirmation/receipt after you complete the payment process. Make sure you fill in your email address!

Here's what the top of the form looks like. **Click the \$ sign to fill in your amount then click the + sign on the “Add special instructions” and tell us what you are paying for. Example: 2018 dues for Greg Hindman.**

Here's what the top of the form looks like:

Donate to
Save Our Fish

\$
USD

+Add special instructions to the seller:

You can also get to this Donate link via our main web site <http://www.saveourfish.org/>

It looks like the below:



Donate

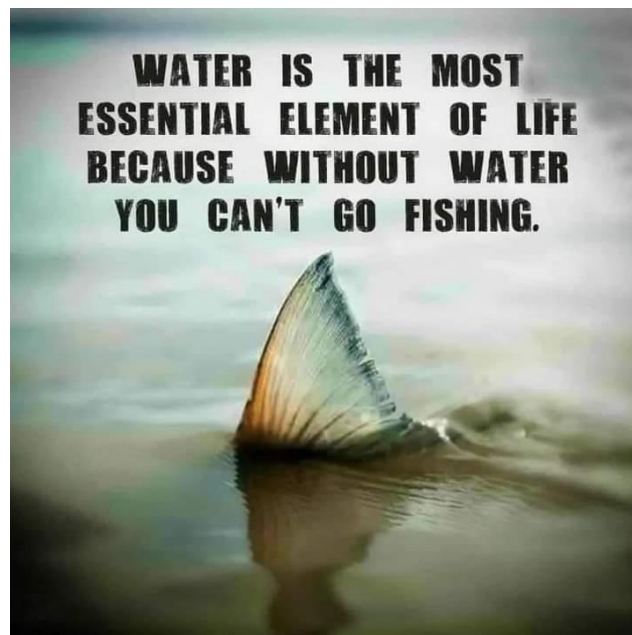


The membership form is available online <http://www.saveourfish.org/membership.pdf> and at the end of this newsletter.

Save Our Fish PSA Hats for Sale

Now you can proudly advertise your PSA chapter. Hats are embroidered with a colored PSA logo on the front and Save Our Fish stitched on the back.

Quantities are limited, so bring your money and get yours at the next meeting. \$10



Member Classifieds

Do you have any items in the garage that have just been collecting dust over the years? Maybe a fishing pole that you just don't use anymore. Why not sell it to a fellow member in the new classifieds section? Send a brief description of the item you would like to sell and photo if available to sof.psa@hotmail.com and we will include it in the next issue of the newsletter.

If you have a website or product you would like to share, please send the information to:
Sof.psa@hotmail.com

Elochoman River Shuttle Service

Shane Conrad is providing shuttle service on the Elochoman River for \$25. SOF PSA Club Members are FREE
Call or text to schedule an appointment or check on the river condition: 206-227-0817

SOF Sponsors

[Auburn Sports & Marine](#) – Kids derby, rod donations, gift certificates



[Bass Pro Shops](#) –



[Big J's Outdoor Store](#) – Carbon River Cleanup



[City of Orting](#) – Carbon River Cleanup



[Gamakatsu](#) – Jig hook donations



[Los Pinos Mexican Restaurant](#) – Carbon River Cleanup



[Walmart](#) – \$1,500 Grant



[King Salmon Marine](#) – Kids fishing derby donations



[Silver Horde](#) – Raffle donations



[Sportsman's Warehouse](#) – Federal Way Kids Derby donations



[Debi Gregory](#) – Christmas Banquet Donations



[Washington Sportsmen's Show](#)



Hog Pen

Do you have a picture from your latest fishing adventures? Be sure to send it, with your descriptive caption to sof.psa@hotmail.com for your chance to have it be featured in the Hog Pen.

Rob Larsen
Ilwaco



Rob Larsen and Scott Cottell
Lake Sammamsh



Stanley Prescott
Bogachiel River



These two were taken drifting yarn.
Lots of rain that night and the next
day the Bogachiel was muddy. Tried
a couple hours on the Calawa but no
takers before it too blew out.



Pete Rust to the honors of
catching the big fish for the
trip drifting yarn. This doe
measured a little over 34”.



These two were taken on Sunday using a
sweet cherry pink B&R bead and using a
bead jig under a float.

Recipe of the Month

Cracker Barrel Meatloaf (Copycat)

<https://thecozycook.com/cracker-barrel-meatloaf>

Servings: 8

Prep Time: 15 mins

Cook Time: 1 hr

Standing Time: 15 mins

Total Time: 1 hr 30 mins



“Well you know...there is nothing like homemade meatloaf!”

Make Cracker Barrel's super popular meatloaf recipe right at home! This is a perfect replica of the original, with a tender meat mixture and flavorful topping the family will love!

Ingredients

- ½ tablespoon olive oil
- ½ cup yellow onion, finely diced
- 1/2 cup bell pepper, finely diced
- 2 pounds 80% lean ground beef, see notes for alternative meat suggestion
- 1 cup crushed Ritz crackers
- 2 eggs, whisked
- 1 cup sharp cheddar cheese, shredded
- 1/2 cup whole milk
- 1 tsp. salt
- 1/4 tsp. black pepper

For the Topping:

- 1/2-3/4 cup ketchup
- 2 tbsp. brown sugar
- 1 tsp. yellow mustard

Instructions

1. Preheat oven 350 degrees F.
2. Sauté the diced peppers and onions in a small pan with the olive oil until softened, about 5 minutes. This gives them a more subtle flavor and texture. Set aside and let cool.
3. Combined the whisked eggs, crushed crackers, onions, bell peppers, cheese, milk, and salt/pepper in a large bowl.
4. Add ground beef and mix until just combined. Don't overwork the meat, we want tender results.
5. Form it in a loaf and place it into a loaf pan. Not using a loaf pan can result in the loaf falling apart. It also takes much longer to cook, which causes it to dry out.
6. Bake for 30 minutes.
7. Combine the topping ingredients while it bakes and set aside.
8. Remove the meatloaf and brush on the topping. Bake for an additional 30-40 minutes. (Pull it once it reaches 155 degrees.)

9. Let it rest for 15 minutes in the loaf pan prior to slicing in. It will increase 8-10 degrees in temperature during this time. Slicing in too early also causes the juices to leak out. Ensure the middle is 160 degrees before you slice it.
10. Serve with creamy mashed potatoes and enjoy!

Nutrition

Calories: 445kcal, Carbohydrates: 15g, Protein: 25g, Fat: 31g, Saturated Fat: 13g, Polyunsaturated Fat: 2g, Monounsaturated Fat: 13g, Trans Fat: 1g, Cholesterol: 117mg, Sodium: 628mg, Potassium: 446mg, Fiber: 1g, Sugar: 9g, Vitamin A: 566IU, Vitamin C: 13mg, Calcium: 164mg, Iron: 3mg



Save Our Fish Chapter

www.saveourfish.org

2023 MEMBERSHIP FORM

APPLICANT INFORMATION

| | | |
|---|--------|-----------|
| Name: | | Date: |
| Current address: | | |
| City: | State: | ZIP Code: |
| Primary Phone (Home, Cell, Work <i>Please circle</i>): | | |
| Alternate Phone (Home, Cell, Work <i>Please circle</i>): | | |
| Email Address: | | |
| Sponsor: | | |

MEMBERSHIP

Membership is for the 2023 calendar year. Dues paid through February 28, 2023 are at rates shown below, reduced by \$5.00. Dues paid after March 1, 2023 will be at the full annual rates shown below. Contact Rich Gregory at 253-209-0586 or sof.psa@hotmail.com if you have any questions.

MEMBERSHIP SELECTION

| | |
|--|---|
| <input type="checkbox"/> New Membership | <input type="checkbox"/> Membership Renewal |
| Adult: 18-61 – annual dues \$30 | |
| Family: heads of household and all other family members younger than 18 – annual dues \$40 | |
| Juvenile: 17 and younger – annual dues \$15 | |
| Senior: 62 and older – annual dues \$20 | |

PAYMENT

Cash Check Raf Roster TRN Email

Please check appropriate membership selection above, complete form, and bring to meeting or mail with check to:

Save Our Fish
c/o Rich Gregory
12608 117th St Ct E
Puyallup, WA 98374